

Whole Families



Whole Families, Inc.
wholefamilies@gmail.com
www.wholefamiliesinc.com
719-783-2525 or 2545
1200 N. 100th St.
Lincoln, NE 68527

For your convenience donations
can be made thru wholefamilies
website.

Dwell In The Secret Place In A Season Of Confusion

I pray this is practical help for everyone

Scripture references are numbered with whole verses on the 3rd & 4th pages

This year of 2020 is much different than any other in my 66 years. May I share with you what I am learning? I've had many questions. Be it controversies around a virus, deviantly made or not, by whom? Will I accept vaccine or not, which one? Does the vaccine syringe have a tracking chip to be injected also? Why the politicalizing of all of this? Masks or not? What of godless plans of rich men in UK, China or Iran? Are TV, Radio, & Social Media feeding me propaganda/lies or truth? Is this the end of all things? Is this the end of our freedom? Who should I have voted for? Does YouTube, FaceBook, social media, control what we see, is it sensor-ship? Who checks their facts? Who are the people that own them? Are "Black Lives Matter" & "Antifa" violent fronts for communism? Who can I trust . . . anyone? How do I discern what is true or false? How do I keep my family, home, and heart safe...peaceful? Why are social distancing rules tougher for churches than for protesters or law makers?.....Shush..... God does have accurate answers, by the Living Word & Holy Spirit alive in us, we can navigate details of each day with confidence and peace.

Why? - There's An Enemy

Evil, disease, violence, deception and lies are from the devil not God. There is a sinister enemy who doesn't want you to know he's around or wants you to think that because he has already been judged, he's inactive ~#1 Matthew 25:41. Yes, he is judged but is still active until Jesus returns again. The same evil in China providing human organ transplants from live victims is working in your marriage and family. Beware of letting him use your mouth to judge a spouse/brother, or demonizing you through rebellion, bitterness, greed, or secret sin. Leave the enemy powerless by consistent repentance and a clean heart.

Solution - Quiet & Peacefulness

Turn off every noise especially "The news". Make time & quiet for the still small voice of the Holy Spirit. Function as though there is a communication blackout. Open "The Holy Bible" it is **more current & accurate than any media** ~#2 2 Tim. 3:16. The Word of God will give you deeper principles to live by as you allow Jesus first place in your life. When you effectively turn off the cluttering noise, Jesus will settle as Prince of Peace in your heart and give you confidence in His Voice and Word directing you.

Action Needed - A Christ Centered Life

Men, Begin now, **Peace in your home is maintained by leading God's way** ~#3 Ephesians 5:21-33! Set your house in order today! First pray: "In the name of Jesus Christ, teach us all we need for life and Godliness for today, thank you for who you are, all you have done and continue to do, and for hearing our prayer." Then read or let "YouVersion Bible App." read for you a chapter of New or Old Testament each day. With family present, they can follow in their own Bible with pen in hand. Peace must always reside in our homes. Then close with the prayer **Jesus taught us to pray** ~#4 Matthew 6:9-13. **Men be accountable, God confronted Adam first not Eve "Adam where are you?" when they realized their nakedness and hid from God** ~#5 Genesis 3:8-14.

Fear Not...Be Prayer Focused

Don't let fear of anything overtake you! **A spirit of fear is not from God** ~#6 2 Tim. 1:7-8. It can be sin or lack of faith. It can also be a harassing spirit. In the first nano seconds of wrong or fearful thoughts, STOP them, replace them by **meditating on memorized Scripture** ~#7 Psalm 91 is excellent for that. **Thoughts are yours to control...make them obey Christ. We must learn to command thoughts** ~#8 2 Corinthians 10:5. **Don't fret about anything**, pray, petition, and give thanks and peace will keep your hearts in Christ Jesus. Then **choose your thoughts wisely** ~#9 Philipians 4:6-8. The phrase "fear not"..."do not be afraid" are in the Bible at least 365 times, once for every day. He knew we would need reassurance. A few ways that I have found to safely navigate fearfulness is by prayerfully taking each moment to Jesus (thinking....Pray). With this very effective tool we turn fear, doubt and depression into prayer. When you struggle with fear, heaviness, or depression the last you may want to do is pray or sing praise songs. Praise is a humble sacrifice. Please, it is a very effective tool we must learn to use, God deserves praise. To do this you must have multiple praise songs available in your memory. When heaviness starts to come in, immediately start words of praise or

or a song of praise, it does not have to be loud, but it can be, it should be audible. Foundational understanding of this is you draw near to God he will draw near to you ~#10 James 4:6-10. God inhabits your praise.....the enemy will flee ~#11 Psalm 22-3. God knows when your humble but the enemy doesn't, so we humble ourselves and sing out-loud for Gods glory. This resistance makes the enemy flee! Remember the enemy of your soul is not omniscient, omnipresent or omnipotent as God is! God hears the silent cry's of a heart but the enemy doesn't. God in the person of the Holy Spirit is resident in you. In this case the enemy does not like you drawing near to God or your humble praise of God. Encountering this atmosphere satan leaves ~#10 James 4:6-10.

Let Go & Trust God With Tomorrow

We are told to cast our burdens on him because he cares ~#12 1 Peter 5:7. We are told **"take my burden upon you for my burden is light and my yoke is easy"** ~#13 Matthew 11:28-30. Anything that you are carrying that is too hard or heavy, does not belong to you, when you feel weighed down with burden you must yielded it burden back to God at that very moment. Then in the minutes, hours, or days to come if you find yourself carrying it again you must re-yield it back to God every time. Though this light burden is one we are compelled to carry in following Jesus, it never changes or gets harder or heavier than we can stand. When heaviness presents itself just push it back up to God with a decision in your heart and gesture of your hands and walk away leaving it with him. In unity with this last principle we are taught to **"take no thought for tomorrow"** ~#14 Matthew 6:34. We are told that we have only Grace enough for one day at a time ~#15 Proverbs 27:1. Meaning only for the physical hours of the day we are now living. If we charge tomorrow's problems on today's grace we will overdraft our Grace account. Our negative fantasies of tomorrow are not real and seldom happen the way we fantasize ~#16 2 Corinthians 10:4-5.

Testimony: It is one thing to know this secret but quite another to exercise it. When my late wife was dying of cancer I would often go off into false fantasy of what I thought the future/tomorrow would be like. I would always end up disillusioned, sad, angry and ready to give up. God is teaching me to stop going off into Godless fantasies of tomorrow. God is not confined by time. He is already in every tomorrow you will ever have, so don't worry about the future. Always trust him to go out ahead of you into your future while you stay with the Prince of Peace in the hours of today!

Find safety in the Secret Place

What does it mean to **dwelt in the secret place of the most high.** ~#7 Psalm 91? Can we leave that dwelling place? Then how do we return again to that secret place of safety? We can easily walk away from the Secret Place back into the frightening world. Just the fact that you now know the safety of that precious place for your soul will remind you to dwell, return to, find again the Secret Place, so you can stay there. Had I known this sooner would some of the hardships in my life have turned out differently? So run back there often, quickly, don't leave but dwell in the secret place.

Testimony: Recently I had some imaging done on a tender part of my chest. I was concerned what the radiologist would find. As I was waiting for the results of that imaging I was prompted by the Spirit to read ~#7 Psalm 91. I pulled out my phone, as I brought up ~#7 Psalm 91 it was in NLT, I read it. As I was going through vs 6 my thoughts were still on vs 3, no deadly disease, the technician walked up to me and handed me a sheet of paper from the radiologist that said all normal tissue no cancer. I knew I was in the "Secret place" praise you Jesus!!! The load lifted to Joyfulness!

Endure With Patience in Suffering

If you have suffering in your life remember there is Grace and Peace in that event ~#17 1Peter 4:13. Is God saying to you My Grace is sufficient for you ~#18 Hebrews 4:16, you can suffer with joy? He will never leave nor forsake you ~#19 John 14:16. Terror is but for a moment, the last enemy is defeated ~#20 1 Corinthians.15-26, To be absent from the body is to be present with the Lord ~#21 2 Corinthians 5:8. This is not our home. We are strangers here ~#22 1 Chronicles 29:15. Meditate on your new home with Jesus, the one with out sin, tears, night, or sorrows ~#23 Rev. 21:1-4, ~#24 Rev. 22-27

The Ministry Is Thankful For You

God continues to bless us in 2020 with clients traveling from many states to Lincoln as well as many locally. This week I met with a divorced couple who decided now to remarry. God does remarkable miracles. Thank you for friendship, prayers, and support! You are vital! Together we are a united instrument in Christ's work.

Now may the Peace of God keep your hearts and minds in Christ Jesus.

The Reinke Family & Whole Families Board

Whole Families, Inc. 1200 N 100th Street, Lincoln NE. 68527
www.wholefamiliesinc.com Email: wholefamilies@gmail.com
Ph: cell 719-783-2525 office 719-783-2545

~ Scripture References ~

1. "Then he will say to those on his left, 'Depart from me, you accursed, into the **eternal fire that has been prepared for the devil and his angels!**'" Matthew 25:41 NET
2. **"All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right."** 2 Timothy 3:16 NLT
3. "And further, submit to one another out of reverence for Christ. For wives, this means submit to your husbands as to the Lord. For a husband is the head of his wife as Christ is the head of the church. He is the Savior of his body, the church. As the church submits to Christ, so you wives should submit to your husbands in everything. For husbands, this means love your wives, just as Christ loved the church. He gave up his life for her to make her holy and clean, washed by the cleansing of God's word. He did this to present her to himself as a glorious church without a spot or wrinkle or any other blemish. Instead, she will be holy and without fault. In the same way, husbands ought to love their wives as they love their own bodies. For a man who loves his wife actually shows love for himself. No one hates his own body but feeds and cares for it, just as Christ cares for the church. And we are members of his body. As the Scriptures say, "A man leaves his father and mother and is joined to his wife, and the two are united into one." This is a great mystery, but it is an illustration of the way Christ and the church are one. So again I say, each man must love his wife as he loves himself, and the wife must respect her husband." Ephesians 5:21-33 NLT
4. "Pray like this: **Our Father in heaven**, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one." Matthew 6:9-13 NLT
5. "And they heard the sound of the Lord God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the Lord God among the trees of the garden. **But the Lord God called to Adam and said to him, Where are you? He said, I heard the sound of You [walking] in the garden, and I was afraid because I was naked; and I hid myself. And He said, Who told you that you were naked? Have you eaten of the tree of which I commanded you that you should not eat?** And the man said, The woman whom You gave to be with me—she gave me [fruit] from the tree, and I ate. And the Lord God said to the woman, What is this you have done? And the woman said, The serpent beguiled (cheated, outwitted, and deceived) me, and I ate. And the Lord God said to the serpent, Because you have done this, you are cursed above all [domestic] animals and above every [wild] living thing of the field; upon your belly you shall go, and you shall eat dust [and what it contains] all the days of your life." Genesis 3:8-14 AMPC
6. **"For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.** So never be ashamed to tell others about our Lord. And don't be ashamed of me, either, even though I'm in prison for him. With the strength God gives you, be ready to suffer with me for the sake of the Good News." 2 Timothy 1:7-8 NLT
7. "Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. This I declare about the Lord: He alone is my refuge, my place of safety; he is my God, and I trust him. For he will rescue you from every trap and protect you from deadly disease. He will cover you with his feathers. He will shelter you with his wings. His faithful promises are your armor and protection. Do not be afraid of the terrors of the night, nor the arrow that flies in the day. Do not dread the disease that stalks in darkness, nor the disaster that strikes at midday. Though a thousand fall at your side, though ten thousand are dying around you, these evils will not touch you. Just open your eyes, and see how the wicked are punished. If you make the Lord your refuge, if you make the Most High your shelter, no evil will conquer you; no plague will come near your home. For he will order his angels to protect you wherever you go. They will hold you up with their hands so you won't even hurt your foot on a stone. You will trample upon lions and cobras; you will crush fierce lions and serpents under your feet! The Lord says, "I will rescue those who love me. I will protect those who trust in my name. When they call on me, I will answer; I will be with them in trouble. I will rescue and honor them. I will reward them with a long life and give them my salvation." **Psalms 91:1-16 NLT**
8. **"casting down imaginations, and every high thing that is exalted against the knowledge of God, and bringing every thought into captivity to the obedience of Christ;"** 2 Corinthians 10:5 ASV
9. **"Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your wants known to God. And God's peace [shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing** from God and being content with its earthly lot of whatever sort that is, that peace] which transcends all understanding shall garrison and mount guard over your hearts and minds in Christ Jesus. For the rest, brethren, whatever is true, whatever is worthy of reverence and is honorable and seemly, whatever is just, whatever is pure, whatever is lovely and lovable, whatever is kind and winsome and gracious, if there is any virtue and excellence, if there is anything worthy of praise, think on and

and weigh and take account of these things [fix your minds on them].” Philippians 4:6-8 AMPC

10. “And he gives grace generously. As the Scriptures say, “God opposes the proud but gives grace to the humble.” So humble yourselves before God. Resist the devil, and he will flee from you. **Come close to God, and God will come close to you. Wash your hands, you sinners; purify your hearts, for your loyalty is divided between God and the world.** Let there be tears for what you have done. Let there be sorrow and deep grief. Let there be sadness instead of laughter, and gloom instead of joy. Humble yourselves before the Lord, and he will lift you up in honor.” James 4:6-10 NLT

11. “But thou art holy, O thou that **inhabits the praises of Israel.**” Psalms 22:3 ASV

12. “**Give your burdens to the Lord, and he will take care of you.** He will not permit the godly to slip and fall.” 1 Peter 5:7 NLT

13. “Come unto me, all ye that labour and are heavy laden, and I will give you rest. **Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light.**” Matthew 11:28-30 KJV

14. “Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. **“So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.”** Matthew 6:33-34 NLT

15. “Don’t brag about tomorrow, since **you don’t know what the day will bring.**” Proverbs 27:1 NLT

16. “We use God’s mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. We destroy every proud obstacle that keeps people from knowing God. We capture their rebellious thoughts and teach them to obey Christ. And after you have become fully obedient, we will punish everyone who remains disobedient.” 2 Corinthians 10:4-6 NLT

17. “Instead, be very glad—for these trials make you **partners with Christ in his suffering**, so that you will have the wonderful joy of seeing his glory when it is revealed to all the world.” 1 Peter 4:13 NLT

18. “So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will **find grace to help us when we need it most.**” Hebrews 4:16 NLT

19. “And I will ask the Father, and he will give you another Advocate, **who will never leave you.**” John 14:16 NLT

20. “**The last enemy to be eliminated is death.**” 1 Corinthians 15:26 NET

21. “Yes, we are fully confident, and we would rather be **away from these earthly bodies, for then we will be at home with the Lord.**” 2 Corinthians 5:8 NLT

22. “We are here for only a moment, **visitors and strangers in the land as our ancestors were before us.** Our days on earth are like a passing shadow, gone so soon without a trace.” 1 Chronicles 29:15 NLT

23. “Then I saw a new heaven and a new earth, for the old heaven and the old earth had disappeared. And the sea was also gone. And I saw the holy city, the new Jerusalem, coming down from God out of heaven like a bride beautifully dressed for her husband. I heard a loud shout from the throne, saying, “Look, God’s home is now among his people! He will live with them, and they will be his people. **God himself will be with them. He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain.** All these things are gone forever.” Revelation 21:1-4 NLT

24. “I saw no temple in the city, for the Lord God Almighty and the Lamb are its temple. And the city has no need of sun or moon, for the glory of God illuminates the city, and the Lamb is its light. The nations will walk in its light, and the kings of the world will enter the city in all their glory. Its gates will never be closed at the end of day because there is no night there. And all the nations will bring their glory and honor into the city. Nothing evil will be allowed to enter, nor anyone who practices shameful idolatry and dishonesty—but only those whose names are written in the Lamb’s Book of Life.” Rev 21:22-27 NLT